

10 BUCK DEALS

ALL WEEK LONG!

SPECIALS VALID MON 8 - SUN 14 JUNE 2026

AS SEEN ON TV



R10
EACH
Avocados



R10
PER KG
Sweet C
Naartjies



R10
EACH
Banana
Thriftpacks
700 g



R10
EACH
Grapefruit 4s,
Lemon, Naartjie
or Orange
Thriftpacks 1 kg



R10
EACH
Potjie Potato
Thriftpacks 1 kg



R10
PER KG
Lemons, Naartjies
or Grapefruit



R10
EACH
Leek, Turnip,
Celery, Carrot or
Parsley Bunches



R10
PER KG
Butternuts



R10
EACH
Crown Pumpkin
Quarters



R10
EACH
Green Pepper
Prepacks 2s



R10
EACH
Carrot Thriftpacks
750 g

GROCERIES



R10
EACH
Fair Cape Full
Cream Yoghurt
Assorted 175 g



R10
EACH
Fair Cape Lunch Box Dairy
Snack Assorted 250 ml



R10
EACH
Darling Yogi Flavoured
Drinking Yoghurt
Assorted 250 g



R10
EACH
Clover Bliss or Tropika
Drinking Yoghurt
Assorted 250 g

AS SEEN
ON TV
R10
EACH
Food Lover's Baked
Beans in Tomato
Sauce 410 g



R10
EACH
Truda Flyers Puffed
Corn or Spookies
Puffs Assorted 100 g



R10
EACH
Oom Freddy's Legacy
Sprinkle 200 g



R10
EACH
Campagna Chopped
Tomatoes 400 g



R10
EACH
Penny Lane
Frozen Vegetables
Assorted 250 g

AS SEEN
ON TV
R10
EACH
Pepsi Zero Sugar,
Light or 7Up Sugar
Free 2 L



FOOD LOVER'S MARKET

ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING • NO HAWKERS
• NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE • WHILE STOCKS LAST • NO PORK PRODUCTS AVAILABLE AT OTTERY BUTCHERY

10 BUCK DEALS

ALL WEEK LONG!

SPECIALS VALID MON 8 - SUN 14 JUNE 2026

AS SEEN ON TV

BUTCHERY



R10
PER DEAL
Oukraal Sizzler
2 x 100 g



R10
PER DEAL
Chicken Thigh
Sosatie 1 x 100 g



R10
PER DEAL
Beef Burger Patty
1 x 100 g



R10
PER DEAL
Pork Sosatie
1 x 100 g



R10
PER DEAL
Pork Prego Steak
1 x 100 g



R10
PER DEAL
Pork Rib & Loin
Chop 1 x 120 g



R10
PER DEAL
Pork Neck Steak
1 x 100 g



R10
PER 100 g
Ground Beef
CONTAINS 5% SOYA



R10
PER 100 g
Pork Goulash,
Stir-Fry or
Tenderised Steaks



R10
PER 100 g
Chicken Goulash,
Stir-Fry or Steaklets



R10
PER DEAL
Grabouw
Boerewors 1 x 100 g



R10
PER PACK
Eskort Red,
Smoked or Chicken
Viennas 125 g



R10
PER PACK
Chicken Liver
Tub 250 g

R10
PER PACK
Eskort Liver Spread
100 g

BAKERY



R10
EACH
Mini Milk Tarts



2 FOR
R10
Cinnamon
Doughnuts



ANY 2 FOR
R10
Continental or
Panini Rolls



R10
EACH
Garlic Baguette
Halves



AVAILABLE AT ALL WESTERN CAPE STORES. INCLUDING FOOD LOVER'S MARKET MOSSEL BAY, GEORGE, KNYSNA, OUDTSHOORN & HARTENBOS. EXCLUDING FOOD LOVER'S EATERY NEWSPAPER HOUSE, TOWERS & ICON. VISIT WWW.FOODLOVERSMARKET.CO.ZA TO SEE ALL OUR SUPER SPECIALS.



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