

10 BUCK DEALS

ALL WEEK LONG!

SPECIALS VALID MON 8 - SUN 14 JUNE 2026

AS SEEN ON TV



R10
EACH
Avocados



R10
PER KG
Sweet C Naartjies



R10
EACH
Banana Thriftpacks 700 g



R10
EACH
Grapefruit 4s, Lemon, Naartjie or Orange Thriftpacks 1 kg



R10
EACH
Potjie Potato Thriftpacks 1 kg

BIG DEAL THURSDAY
Buy TWO Naartjie Trays & Get ONE Pineapple ABSOLUTELY FREE!
R50
VALID THUR 11 JUNE 2026 ONLY!

FREE!



R10
PER KG
Grapefruit



R10
PER KG
Oranges or Lemons



R10
PER KG
Gem Squash



R10
PER KG
Sweet Potatoes



R10
EACH
Celery Bunches

GROCERIES



R10
EACH

Clover Bliss or Tropika Drinking Yoghurt Assorted 250 g



R10
EACH

Penny Lane Frozen Vegetables Assorted 250 g



R10
EACH

Truda Flyers Puffed Corn or Spookies Puffs Assorted 100 g

AS SEEN ON TV
R10
EACH

Food Lover's Baked Beans in Tomato Sauce 410 g



AS SEEN ON TV
R10
EACH

Pepsi Zero Sugar, Light or 7Up Sugar Free 2 L



BAKERY



R10
EACH
Mini Milk Tarts



2 FOR R10
Cinnamon Doughnuts



ANY 2 FOR R10
Continental or Panini Rolls



R10
EACH
Garlic Baguette Halves

THE BEST IN FRESH GUARANTEED!



FOOD LOVER'S MARKET

AVAILABLE AT ALL KZN STORES. SPRINGFIELD PARK (NO BEEF OR PORK AVAILABLE).

VISIT WWW.FOODLOVERSMARKET.CO.ZA TO SEE ALL OUR SUPER SPECIALS • WHILE STOCKS LAST.

HAMILTONS ADVERTISING 110423 • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • E&OE • WHILE STOCKS LAST • ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY.

10 BUCK DEALS

ALL WEEK LONG!

SPECIALS VALID MON 8 - SUN 14 JUNE 2026

AS SEEN ON TV

BUTCHERY



R10
PER DEAL
Oukraal Sizzler
2 x 100 g



R10
PER DEAL
Chicken Thigh
Sosatie 1 x 100 g



R10
PER DEAL
Beef Burger Patty
1 x 100 g



R10
PER DEAL
Pork Sosatie
1 x 100 g



R10
PER DEAL
Pork Prego Steak
1 x 100 g



R10
PER DEAL
Pork Rib & Loin
Chop 1 x 120 g



R10
PER DEAL
Pork Neck Steak
1 x 100 g



BIG DEAL THURSDAY
Ground Beef
2 x 500 g
89⁹⁹ per pack
VALID THUR 11 JUNE 2026 ONLY!
CONTAINS 3% SODA



R10
PER 100 g
Pork Goulash,
Stir-Fry or
Tenderised Steaks



R10
PER 100 g
Chicken Goulash,
Stir-Fry or Steaklets



R10
PER DEAL
Grabouw
Boerewors 1 x 100 g



R10
PER DEAL
Crumbed Chicken
Burger Patties
2 x 75 g



R10
PER PACK
Eskort Red,
Smoked or Chicken
Viennas 125 g



R10
PER PACK
Chicken Liver
Tub 250 g



R10
PER PACK
Eskort Liver Spread
100 g



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