

FOR THE LOVE OF VALUE

SPECIALS VALID MONDAY 4 - SUNDAY 10 MAY 2026



AS SEEN ON TV
Avocado Thriftpacks 1 kg
2 for **R39**



AS SEEN ON TV
Sweetcorn Prepacks 4s
2 for **R50**



AS SEEN ON TV
Bananas
12⁹⁹ per kg



Golden Kiwifruit Punnets
2 for **R50**



Paw Paw Prepacks
39⁹⁹ each



Ginger
79⁹⁹ per kg



Crown Pumpkins
2 for **R50**



Green Pepper Thriftpacks 4s
2 for **R50**



Beetroot Thriftpacks 1 kg
2 for **R30**



Potjie Potato Thriftpacks 1 kg
2 for **R30**



Sweet Potato Bags 2 kg
2 for **R50**



Naartjie, Orange or Lemon Thriftpacks 1 kg
any 3 for **R50**



Orange Pockets
R50 each



Butternut Pockets
R50 each

BUTCHERY



AS SEEN ON TV
Chicken Fillets
79⁹⁹ per kg



AS SEEN ON TV
28-Day Matured Beef Rump Steak
169⁹⁹ per kg



AS SEEN ON TV
Bulk Beef Shin with Marrow Bones
89⁹⁹ per kg



Ground Beef 2 x 500 g
99⁹⁹ per pack



Bulk Beef Short Rib Stew
99⁹⁹ per kg



Pork Packs with Stew
89⁹⁹ per kg



Lamb Shanks
149⁹⁹ per kg



16-Piece Chicken Braai Packs
64⁹⁹ per kg

for **MOM** with love

SPECIALS VALID THURSDAY 7 - SUNDAY 10 MAY 2026



Dessert Cups Assorted
any 2 for **R50**



Milk Tarts
39⁹⁹ each



Tartlets Assorted
any 9 for **R99**



Tea Time Loaves Assorted
any 2 for **R80**