

FOR THE LOVE OF VALUE

GET YOUR FAVOURITE GROCERIES FOR LESS

SPECIALS VALID MONDAY 4 - SUNDAY 10 MAY 2026 ONLY



AS SEEN ON TV
Avocado Thriftpacks 1 kg
2 for
R39



AS SEEN ON TV
Sweetcorn Prepacks 4s
2 for
R50



AS SEEN ON TV
Bananas
12⁹⁹ per kg



Spanish Santé Cocktail Tomato Punnets
2 for
R25



Green Pepper Thriftpacks 4s
2 for
R50



Banana Thriftpacks 700 g
2 for
R39



Grapefruit 4s, Naartjie, Orange or Lemon Thriftpacks 1 kg
any 3 for
R50



Naartjie Trays
2 for
R50



Tomato Thriftpacks 1 kg
2 for
R55



Potjie Potato, Pickling Onion or All Purpose Potato Thriftpacks 1 kg
any 2 for
R30



Red Sweet Potato Bags 2 kg
2 for
R50



Potato Pockets 7 kg
R50 each



Golden Delicious or Royal Gala Apple Econopacks 1.5 kg
any 2 for
R50



Orange Pockets
R50 each

HOT FOODS



COMBO
1 x Rib Burger,
1 x Crumbed Chicken Burger
R45



Asian Beef or Chicken Noodle Meals
any 2 for
R90

BAKERY



Familie Kombuis Classic Pies Assorted
any 3 for
R75

COMBO
1 x Artisan Ciabatta,
1 x German Landbrot
R60

BUTCHERY



Ground Beef 2 x 500 g
99⁹⁹ per pack



Bulk Beef Short Rib Stew
99⁹⁹ per kg



Pork Packs with Stew
89⁹⁹ per kg



Lamb Shanks
149⁹⁹ per kg



16-Piece Chicken Braai Packs
59⁹⁹ per kg

FOOD LOVER'S MARKET

CASTLE GATE: 478 KOEDOESNEK AVE, WATERKLOOF RIDGE, PRETORIA, 0181
VISIT WWW.FOODLOVERSMARKET.CO.ZA TO SEE ALL OUR SUPER SPECIALS.

ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • WHILE STOCKS LAST • E&OE



FOR THE LOVE OF VALUE

GET YOUR FAVOURITE GROCERIES FOR LESS

SPECIALS VALID MONDAY 4 - SUNDAY 10 MAY 2026 ONLY



AS SEEN ON TV
 Chicken Fillets
79⁹⁹ per kg



AS SEEN ON TV
 28-Day Mated
 Beef Rump Steak
169⁹⁹ per kg



AS SEEN ON TV
 Bulk Beef Shin with
 Marrow Bones
89⁹⁹ per kg

VALID EVERY MONDAY



299⁹⁹ per kg
 Beef Biltong or
 Droewors

VALID EVERY FRIDAY



299⁹⁹ per kg
 Beef Fillet



SUNDAY LUNCH MENU

White Rice, Mash, Roasted
 Potato or Barley
59⁹⁹ per kg

Roasted Vegetables, Creamed Spinach,
 Potato Bake, Caulibroc, Butternut,
 Sweet Potato, Steamed Green
 Vegetables, Carrot or Green Bean Mash
84⁹⁹ per kg

Beef Roast, Gammon, Lamb Roast,
 Chicken Pieces, Pork Belly, Stewing
 Beef, Chicken Stew or Oxtail
179⁹⁹ per kg

6 FLAVOURS TO CHOOSE FROM

ONLY R18.99 EACH!

PER CUP / CONE



SIGN UP TO OUR
 NEWSLETTER TO
 RECEIVE WEEKLY
 DEALS!

PENSIONERS' DAY IS EVERY WEDNESDAY



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 TRADING HOURS: MONDAY - FRIDAY 8AM - 7PM, SATURDAY 8AM - 6PM, SUNDAY 8AM - 5PM



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