

FOR THE LOVE OF VALUE

AS SEEN ON TV



Avocado Thriftpacks 1 kg
2 for
R39



Sweetcorn Prepacks 4s
2 for
R50



Bananas
12⁹⁹ per kg



Spanish Santé Cocktail Tomato Punnets
2 for
R25



Green Pepper Thriftpacks 4s
2 for
R50



Banana Thriftpacks 700 g
2 for
R39



Grapefruit 4s, Naartjie, Orange or Lemon Thriftpacks 1 kg
any 3 for
R50



Naartjie Trays
2 for
R50



Tomato Thriftpacks 1 kg
2 for
R55



Potjie Potato, Pickling Onion or All Purpose Potato Thriftpacks 1 kg
any 2 for
R30



Red Sweet Potato Bags 2 kg
2 for
R50



Potato Pockets 7 kg
R50 each



Golden Delicious or Royal Gala Apple Econopacks 1.5 kg
any 2 for
R50



Orange Pockets
R50 each

BUTCHERY



AS SEEN ON TV
Chicken Fillets
79⁹⁹ per kg



AS SEEN ON TV
28-Day Matured Beef Rump Steak
169⁹⁹ per kg



AS SEEN ON TV
Bulk Beef Shin with Marrow Bones
89⁹⁹ per kg



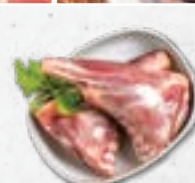
Ground Beef 2 x 500 g
99⁹⁹ per pack



Bulk Beef Short Rib Stew
99⁹⁹ per kg



Pork Packs with Stew
89⁹⁹ per kg



Lamb Shanks
149⁹⁹ per kg



16-Piece Chicken Braai Packs
59⁹⁹ per kg

SPECIALS VALID MONDAY 4 - SUNDAY 10 MAY 2026 ONLY

FOOD LOVER'S MARKET

MENLYN

SHOP G197, MENLYN MALL, ATTERBURY ROAD PRETORIA 0063
VISIT WWW.FOODLOVERSMARKET.CO.ZA TO SEE ALL OUR SUPER SPECIALS.

THE BEST IN FRESH GUARANTEED!

ACTUAL PRODUCTS ON OFFER MAY DIFFER FROM VISUALS SHOWN, AS THESE ARE SERVING SUGGESTIONS ONLY • HAMILTONS ADVERTISING • NO HAWKERS • NO TRADERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • WHILE STOCKS LAST • E&OE

SCAN FOR MORE DEALS!



FOR THE LOVE OF VALUE

TRADING HOURS: MON-THURS: 08:00 - 20:00 FRI & SAT: 08:00 - 21:00 SUN: 08:00 - 18:00

HOT FOODS



Take-Home Pizza
Assorted 28 cm
any 2 for
R120



COMBO
1 x Rib Burger,
1 x Crumbed
Chicken Burger
R45



Asian Beef or
Chicken Noodle
Meals
any 2 for
R90

BAKERY



Familie Kombuis
Classic Pies
Assorted
any 3 for
R75



COMBO
1 x Artisan
Ciabatta,
1 x German
Landbrot
R60

HARBOURSIDE



Frozen Baby Hake
79⁹⁹
per kg



Frozen Yellowtail
69⁹⁹
per kg



Food Lover's Braai
Snoek 1 kg
2 for
R240

VALID EVERY MONDAY



299⁹⁹
per kg
Beef Biltong or
Droëwors

VALID EVERY FRIDAY



299⁹⁹
per kg
Beef Fillet

WEDNESDAY
5% PENSIONER
DISCOUNT

FREE PARKING SAT & SUN
BETWEEN 8:00 - 14:00
MINIMUM SPEND R600

MAY 2026 ONLY!

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